

1956-2016

Dial Tones

January 2016



STATEMENT OF NONDISCRIMINATION

Dial Tones is published monthly for members of Dell Telephone Cooperative, Inc., a member-owned cooperative since 1956. Proud to serve Dell City, Desert Haven, Guadalupe Peak, Mile High, Timmeron and Queen.

Dell Telephone Cooperative, Inc. is the recipient of Federal financial assistance from the U.S. Department of Agriculture, and is subject to the provisions of Title VI of the Civil Rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973, as amended, the Age Discrimination Act of 1975, as amended, and the rules and regulations of the U.S. Department of Agriculture.

Volume 22 Edition 1

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Dell Telephone Holiday Hours

Dell Telephone Horario para Dias Festivos

Dell Telephone will be closing at 12:00 noon December 24th and will not reopen until January 4th in observance of the Christmas and New Year Holidays. The outside plant techs will be on standby

Dell Telephone cerrara a las 12:00 del medio dia el 24 de Diciembre y no abrira hasta el 4 de Enero debido a los Dias Festivos de la Navidad y Ano Nuevo. Los tecnicos estaran listos para emergencias.

Season's Greetings

*May Peace, Joy, Hope and Happiness
be yours during the
Holidays and throughout the New Year!*

Saludos Navidenos

*Que la Paz, Gozo, Esperanza y Felicidad
sean suyos durante los Dias Festivos y a
travez de el Ano Nuevo!*

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Dell City, Texas 79837

(915)964-2352

*For Trouble,
Nights and Holidays Call*

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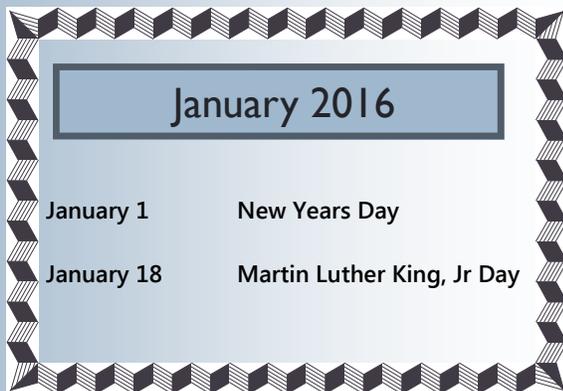
Science Lab

How much do you know about science?

We rely on science and technology for many of the necessities and conveniences of modern life, but how well does the average U.S. citizen really understand science? A survey by the Pew Research Center sought the answer to that question. The survey asked a series of basic science questions and received these results:

- The core of the Earth is our world's hottest layer: 86 percent answered this correctly.
- Uranium is needed to create nuclear energy and weapons: 82 percent.
- Comets comprise a core of ice and a tail of gases: 78 percent.
- Tides are created by the moon's gravity: 76 percent.
- The polio vaccine was developed by Dr. Jonas Salk: 74 percent.
- Astrology is different from astronomy: 73 percent.
- Cell phones use radio waves: 72 percent.
- A light-year is a measure of distance: 72 percent.
- Amplitude (height) determines the loudness of sound: 35 percent.
- Water boils at a lower temperature in Denver than in Los Angeles: 34 percent.

First Draft — January 2016



Health Watch

CURE FOR THE COMMON COLD? MAYBE IT'S YOGURT

Colds, sinus infections, and other upper respiratory tract infections are the leading reason for visits to the doctor in the United States. But according to a study reported by Yahoo News, eating yogurt could help you avoid a cold.

Yogurt contains probiotic—bacteria that can benefit the body's immune system. In addition to yogurt, probiotics are found in fermented and non-fermented dairy product and in soy products like miso and soy drinks. A review of data involving more than 3,000 participants found that patients who consumed foods with probiotics for more than one week came down with 12 percent fewer upper respiratory infections than those who were treated with a placebo, or who ate probiotic foods for less than a week.

NEW LISTINGS— 2015 December

Langan, Terri	988-2435
Nilsen, Daniel	964-2205
Riggins, Sylvia Lee	964-2895
Haynes, Judith A	987-2340
Burkett, Scott	987-2909



Dell Telephone supports our American military personnel! Please keep them in your thoughts and prayers this New Year!